

# Friday 10<sup>TH</sup> November 2017

920	Welcome and Introduction	Christy Fowler
930	<b>SYMPOSIUM</b>	
	<b>Psychological Aspects of hand injury</b>	
	Psychological Aspects of Hand Injury	Debbie Larson
	Understanding mental health	Deborah Harrison
1100	<b>Morning Tea</b>	
1130	<b>Keynote Address</b>	
	Exercise programme for chronic wrist pain	Annemieke Videler
	<b>Free Papers</b>	
1200	Which clinician-derived and patient-rated measure of hand oedema is more responsive?	Leanne Miller
1215	Psychometric evaluation of a new patient-reported outcome measure for nerve disorders of the hand: - the Impact of Hand Nerve Disorders (I-HaND ©) Scale.	Mark Ashwood
1230	Test-retest Reliability of Wrist Joint Position Sense in Healthy Adults in a Clinical Setting	Chloe Pilbeam
1245	Improving outcome of open reduction and internal fixation (ORIF) in patients with distal radius (DR) fracture: a therapist-led audit and service development activity	Tamsin Lees
1300	<b>Lunch</b>	
1400	<b>SYMPOSIUM</b>	
	<b>Don't Be Afraid of the Upper Quadrant</b>	
	Demystifying the Shoulder	Rachel Chester
	Don't be afraid of the upper quadrant	Jo-Anne Geere
1500	<b>WORKSHOPS</b>	
	Elbow tendinopathy - what's the answer?	Val Jones
	Functional rehabilitation of the upper quadrant	Carol Payne
	Integration of tools, technology, and advanced techniques to enhance rehabilitation of hand injuries	Ken Johnson
	Clinical Examination of the Wrist	Annemieke Videler
1600	<b>Afternoon Tea Break</b>	
1630	<b>WORKSHOPS</b>	
	Management of the post-traumatic stiff elbow	Val Jones
	Functional rehabilitation of the upper quadrant	Carol Payne
	Integration of tools, technology, and advanced techniques to enhance rehabilitation of hand injuries	Ken Johnson
	Clinical Examination of the Wrist	Annemieke Videler
1730	<b>Close of Day</b>	
1930	<b>Dinner Reception</b> <b>Norwich Cathedral</b>	

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# Saturday 11<sup>TH</sup> November

850	Welcome and Introduction	Christy Fowler
900	<b>SYMPOSIUM</b>	
	<b>The Wrist</b>	
	Insights on rehabilitation of the wrist, focused on scapho-lunate pathology	Annemieke Videler
	Non surgical conservative management of TFCC tears	Wendy Medeiros
	Perilunate Injury	Zoe Clift
1030	<b>Morning Tea</b>	
	<b>Free Papers</b>	
1100	Return to employment after carpal tunnel release surgery (REACTS): Do hand surgeons and hand therapists give patients the same advice?	Lisa Newington
1115	Impact evaluation of an online training course (iSARAH) for hand therapists: Preliminary findings	Cynthia Srikesavan
1130	An exploration of the return to work experiences of individuals who are managing a traumatic hand injury and the development of a return to work intervention	Niall Fitzpatrick
1145	Do patients triaged to hand therapy from a virtual fracture clinic remain on the same care pathway?	Joelle Chalmer
1200	<b>Presidential Address</b>	Ian McNab
1230	<b>Lunch</b>	
1315	<b>AGM</b>	
1415	<b>IFSHT</b>	Christy Fowler Nicola Goldsmith
1430	<b>WORKSHOPS</b>	
	Managing patients with psychological conditions	Debbie Larson
	Tinder for Research: matching research questions with the right methods	Christina Jerosch-Herold
	Being dynamic about Scapholunate Instability; Application of the Birmingham Wrist Instability Programme	Martin K Holmes
	Audit & Service Development Projects; Improving Care & Outcomes for our Patients	Donna Kennedy
1530	<b>Afternoon Tea</b>	
1600	<b>WORKSHOPS</b>	
	Managing patients with psychological conditions	Debbie Larson
	Tinder for Research: matching research questions with the right methods	Christina Jerosch-Herold
	Being dynamic about Scapholunate Instability; Application of the Birmingham Wrist Instability Programme	Martin K Holmes
	Audit & Service Development Projects; Improving Care & Outcomes for our Patients	Donna Kennedy
1700	<b>CLOSE OF CONFERENCE</b>	

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