

# Management of Traumatic Injuries to the Hand BAHT Level II

Oxford University Hospitals NHS Foundation Trust  
(John Radcliffe Hospital, Oxford, Oxford Education Centre, Level 5)

**11<sup>th</sup> – 13<sup>th</sup> September 2025**

## **DAY ONE Thursday**

09.00	Registration	
09.15	Welcome	Lizelle Sander-Danby and Anne Alexander
09.30	Anatomy of the Hand	Helen Harland
10.45	<b>Break</b>	
11.00	Assessment of the trauma hand – subjective	Linda Davies
1130	Assessment of the trauma hand – objective	Linda Davies
1200	<b>Lunch</b>	
1300	Psychology of hand injuries	Rosie Powell Davies
1400	Extensor tendon repairs – surgical perspective	Nakul Kain
1500	Extensor tendon repairs – therapy perspective	Amy Butler
<b>1530</b>	<b>Break</b>	
15.50	Hand Therapy Management Workshops: Part I a) Scar management b) Oedema Management c) Desensitisation and Sensory Re-education	Nicky Hughes James Williams Anne Alexander
16.20	Hand Therapy Management Workshops	Part II
16.45	Hand Therapy Management Workshops	Part III
17.10	Close	

Teaching Time: 6 hours 30 minutes

## DAY TWO Friday

08.30	Review of previous day; questions answered Assessment Process explained	Anne Alexander
09.00	Management of pain	Nilay Chatterjee
10.00	Nerve Injuries – digital and major: Anatomy, injury and repair	Sara Atkins
11.00	<b>Break</b>	
11.30	Radial Nerve – therapy management	Helen Harland
1200	Median Nerve – therapy management	Anne Alexander
1230	Ulnar nerve – therapy management	James Williams
1300	<b>Lunch</b>	
1400	Fractures – surgical perspective	Mr Ben Dean
1440	Fractures – therapy perspective	Kelvin Tse
15.10	<b>Break</b>	
15.30	Core Therapy Skills workshops (Part 1) a) Differential Testing b) Splinting c) Exercises	Helen Harland Kelvin Tse and Anne Alexander James Williams
16.00	Core Therapy Skills workshops (Part 2)	
16.30	Core Therapy Skills workshops (Part 3)	
17.00	Finish	

Teaching Time: 06:01

6 Hours 40 minutes

## DAY THREE Saturday

08.30	Review of previous day; questions answered	
09.00	Flexor Tendon surgical considerations and therapy provision	Mrs Sarah Tucker

09.45	Flexor tendon repairs: therapy provision and rehabilitation	Anne Alexander
10.30	<b>Break</b>	
11.00	Complex injury including crush & replants, skin grafts and flaps	Miss Claire Sethu
12.00	Patient case presentation	Anne Alexander / Claire Sethu
12.30	<b>Lunch</b>	
13.30	Complications: Further discussion and possible management (Part I)	
	a) Neural: CRPS, sensitivity, sensory loss	James Williams
	b) Bone: non-union, mal union	Anne Alexander
	c) Soft tissue: contracture, stiffness, swelling	Linda Davies
14.00	Complications: Further discussion and possible management (Part II)	
14.30	<b>Break</b>	
14.50	Complications: Further discussion and possible management (Part III)	
15.20	Break to set up for exam.	
15.40	Exam (using an online platform – delegates MUST bring a laptop)	
17.00	CLOSE	
	Teaching Time: [00]	5 hours
	Total teaching Time	18 hours 10 minutes